

## YOU WILL NOTICE SOME CHANGES TO THE CLINIC

At Coastal Chiropractic, we take public health and safety very seriously. With the ongoing situation with COVID-19, there have been some changes made to adhere to the Nova Scotia College of Chiropractors and Public Health regulations.

### **Making an Appointment:**

- Please call, email, or DM for an appointment. Online booking has been paused for the time being.
- No walk-in visitors will be permitted at this time.

### **Coming to your Appointment:**

- On the day of your appointment, please do not come to the clinic if you are feeling at all unwell or are experiencing any symptoms that could be related to COVID-19 such as:
  - New or worsening cough.
  - Fever.
  - Sore throat that is not related to a known or pre-existing condition.
  - Runny nose that is not related to a known or pre-existing condition.
  - Nasal congestion that is not related to a known or pre-existing condition.
  - Shortness of breath that is not related to a known or pre-existing condition.

We will be happy to reschedule your appointment for a later date!

- Please arrive on time - If you arrive early, please wait outside or in your car and call to notify us that you are here.
- Please wear a mask (reusable is acceptable!).

- Upon your arrival to the clinic, you will be asked a screening questionnaire to ensure that you are well.
- Sanitize your hands before and after your appointment.
- Please come alone to your appointment. If someone must accompany you, please contact us as they will also need to be screened and follow the Clinic policies.

**Paying for your Appointment:**

- Regular direct billing for insurance plans will continue as usual.
- Contactless debit/credit and E-transfers are available.
- Please try to avoid paying with cash.

**What the Clinic is Doing:**

- Daily self-screening.
- Scheduling appointments will be made in order to allow adequate time to sanitize all contact surfaces in between patient visits.
- Spacing out seating to ensure adequate social distancing.
- Diligent handwashing and hand-sanitizing.
- Wearing a mask.
- Closely monitoring all Public Health and NSCC regulations and developments.

Thank you so much for your patience, understanding and support regarding these new changes. They are all in place to ensure everyone's safety. If you have any questions, please reach out!

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